



Avoiding Gluten Lunch Menu MAY 2018

House Made Sesame Free Hummus with Vegetable Sticks and Tortilla Chips
Mozzarella & Tomato Salad
Chicken Bruschetta Salad
Chicken Caesar Salad

Grilled Cheese
Sunbutter and Jelly
Boars Head Turkey and Cheese
Roast Chicken Breast with Cheese
Boars Head Ham & Cheese
Tomato & Mozzarella Panini
Roast Chicken Breast with Cheese

Gluten Free Whole Grain Chicken Tenders
Hamburger or Cheeseburger
Pasta with or without Marinara Sauce

Annie's Brand Hot Entrees:
AVAILABLE ONLY ON FRIDAY!
 Rice Noodle Mac & Cheese
 Garden Lasagna
 Shepherd's Pie
 Brown Rice Vegetable Bowl
 Santa Fe Enchilada Bowl
 Gluten Free Cheese Pizza

Additional pre-packaged Gluten Free Items at ala carte pricing:

<i>Boars Head Hummus & Pretzel</i>	<i>3.00</i>	<i>Stonyfield Organic Yogurt</i>	<i>1.75</i>
<i>Dannon Lite & Fit Yogurt</i>	<i>1.00</i>	<i>Boars Head Hummus Cup</i>	<i>2.00</i>
<i>Kozyshack Pudding</i>	<i>1.00</i>	<i>Udi's Chocolate Chip Cookies</i>	<i>1.25</i>
<i>Tostito's Tortilla Chips</i>	<i>1.00</i>	<i>Udi's GF Muffins</i>	<i>2.00</i>
<i>Soy Milk-Vanilla</i>	<i>1.00</i>	<i>Soy Milk-Chocolate</i>	<i>1.00</i>
<i>Welch's Fruit Snacks</i>	<i>2.00</i>	<i>String Cheese</i>	<i>1.00</i>
<i>Assorted GM Cereals</i>	<i>1.25</i>		

*For Questions, Comments or Concerns, please contact Deborah VanCoughnett, Food Service Director 203-341-2431
 Dvancoughnett@westportps.org*

This menu is designed for students with medically documented gluten allergies. Contact your child's school nurse to get signed up for this menu or with any questions. All Menu Items, Recipes and Food Labels should be reviewed and approved by Parents and nursing staff prior to menu implementation***