



Elementary Lunch Menu-MAY

A full student lunch includes a choice of entrée supplying protein and grain, one vegetable side dish, one fruit side dish, and a choice of milk. Milk choices - 1% , skim & skim chocolate. All Lunch items can be purchased ala carte as well

A la Carte Items Available Daily:

Vegetable/Fruit: \$.75	Bottled Water: 8 oz. \$0.75
8 oz. Seltzer: \$1.00	Bottled Water: 16 oz. \$1.25
100% Juice: \$.75	Assorted Milk: \$.55
Organic Milk: \$1.50	Assorted Cereal: \$1.00
Fresh Baked Bagel: \$1.00	WG Mini Muffin: \$1.00
Dannon Yogurt: \$.75	String Cheese: \$.75

Weekly Alternate Meals	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
B-Chicken Caesar Wrap C-Mini Muffin with Yogurt and Cheesestick D-Build Your Own Chicken BLT Salad Bar E-Chicken Noodle Soup		Stir Fried Teriyaki Chicken over Lo Mein Noodles	Whole Grain Crispy French Toast with Two Turkey Sausage Patties and Warm Syrup	Cheese Pizza or Bacon Pizza made with Traditional Pizza Crust	Penne Pasta Bar made w/ enriched pasta Homestyle Marinara or Meat Sauce
	7	8	9	10	11
B- Turkey and Cheese Tortilla Wrap Pinwheels C- Cereal with Yogurt and Cheesestick D-Build Your Own Popcorn Chicken Salad Bar E-Minestrone Soup	Mozzarella Cheese Stuffed Breadsticks with Marinara Dipping Sauce	Roasted Turkey Breast and Creamy Gravy Mashed Potatoes	Whole Grain Maple Pancakes with Two Turkey Sausage Patties and Warm Syrup	Pepperoni or Cheese Pizza made with Traditional Pizza Crust	Crispy Chicken Tenders with BBQ Sauce Seasoned Carrots
	14	15	16	17	18
B-Sunbutter and Banana Roll-up Sandwich C-Fresh Baked Pretzel with Sunbutter and Cheesestick D-Build Your Own Chicken Caesar Salad Bar E-Creamy Tomato Soup	Toasty Grilled Cheese Sandwich	Chicken Parmesan Sandwich "ala carte" Crispy French Fries	Whole Grain Crispy Golden Waffle with Two Turkey Sausage Patties and Warm Syrup	Chicken Parm Pizza or Cheese Pizza with Traditional Pizza Crust	Penne Pasta Bar Meatballs with Enriched Penne Homestyle Marinara
	21	22	23	24	25
B-Ham & Swiss Ciabatta C-Fresh Baked Bagel with Yogurt and Cheesestick D-Build Your Own Popcorn Chicken Salad Bar E-Chicken Noodle Soup	Homestyle Macaroni with Creamy Cheese Sauce	2 Soft Tacos with Beef Lettuce, Tomato, Cheddar Cheese and Salsa	Whole Grain Crispy French Toast with Two Turkey Sausage Patties and Warm Syrup	BBQ Chicken Pizza or Cheese Pizza made with Traditional Pizza Crust	Crispy Chicken Tenders with BBQ Sauce Seasoned Carrots
	28	29	30	31	
B-Chicken Caesar Wrap C-Mini Muffin with Yogurt and Cheesestick D-Build Your Own Chicken BLT Salad Bar E-Minestrone Soup	SCHOOL CLOSED FOR MEMORIAL DAY	All Beef Hot Dogs "ala carte" Crispy French Fries	Whole Grain Maple Pancakes with Two Turkey Sausage Patties and Warm Syrup	Pepperoni or Cheese Pizza made with Traditional Pizza Crust	

MONTHLY FOOD FOCUS: Berries - Berries are so good for your body! They are made up of antioxidants , which are tools your body uses to protect and prevent harm to your cells. All berries are also packed with vitamins which help you stay healthy.



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