



Welcome Back to Westport Schools!!!

EXCITING NEWS FOR THE ELEMENTARY & MIDDLE SCHOOLS FOR THE 2017/2018 SCHOOL YEAR...

The Westport School District has made the decision to remove the Elementary and Middle schools from the NSLP (National School Lunch Program).

What does that mean for you and your children?



The Freedom to Choose

- Students will continue to be encouraged to take fruits and vegetables
- They will also be able to customize their choices, enticing more students to purchase daily lunch-less work for you!
- Less food waste-the flexibility to choose their favorites will lead to less waste.

More Personalized Service at the Elementary Schools

- Additional Team Members will be added, allowing the team at each school to serve the students faster as well as help them make healthy lunch choices.

Customized Meal Stations

- Garden fresh Salad Bars available at all schools
- Toppings available for their lunch selections
- Fresh Fruit Smoothies available daily at the High School & Middle schools
- Pop-up smoothies at the Elementary schools on a rotating basis
- Made to Order Sushi once /month at the Middle schools-ala carte pricing
- Additional coolers at all schools to provide a wider variety of beverages-seltzer, 100% fruit juice, flavored water and different sizes as well
- Whole Grain pasta and breads will be offered in addition to enriched pasta and white bread (students choice)
- Thin crust traditional pizza slices (wedge, not square) with assorted toppings
- Fresh Fruit and Yogurt Bars or Yogurt parfaits at all schools
- Hot & Wholesome soups available on a daily basis
- Daily fresh baked dessert/snack item



Customized Meal Stations-(continued)

- Free Cookie Friday's at the Elementary schools!!! Any students that makes a purchase for lunch will receive a FREE 1 oz. chocolate chip cookie!
- Bento Boxes-fun packaging for the kids with healthy options packed in a convenient container. Organic & non-GMO meals available as well!
- Ala carte options-allowing the students to take just what they want-yogurt, cereal, cheese sticks, parfaits, etc.
- Locally sourced baked goods!
- Assorted Artisan breads in addition to whole grain varieties
- Build your own Trail Mix Bar-Middle schools

Preference surveys to collect information from the students and parents

- To be developed and presented at least 2x per year
- "We Heard You" boards at each school to show what we are adding or changing

Free and Reduced Guidelines

- These guidelines remain the same in all schools
- A student eligible for either a Free or Reduced priced lunch can choose the following:
 - An entrée which normally contains of a grain and protein (pizza slice, deli sandwich, salad or a hot entrée like pasta bar, chicken tenders, mac and cheese, etc. These items are listed on our Daily Menu on the district website and change daily.

In addition:

- We will be making some changes at the Bedford Middle School Café, creating more of an open floor plan/food court feel (similar to Staples HS) in order to reduce queue times.
- Lunch prices for the Elementary and Middle schools will remain the same this year at \$2.45 and \$2.70
- Ala carte pricing will be listed on the Nutrislice menus at www.westport.nutrislice.com

We will continue to offer:

- Fresh, local ingredients
- Farm2School events and menu offerings
- Tastings and samplings on a monthly basis
- Educational events at all schools
- Exhibition cooking where possible
- Traveling Chefs from local school districts
- Pop up Farmers Markets
- Organic and Gluten Free Options
- Full menu for students with allergies & disabilities.
- An open door policy where you can contact me at any time to discuss ideas, concerns or questions. 203-341-2431 or dvancoughnett@westportps.org